

## QUOTES FROM 2016 YOUTH RALLY PARTICIPANTS:

This was my first year coming to Youth Rally and it was one of the most eye-opening experiences of my life. I had so much fun meeting new kids just like me because I had been starting to feel like I was the ONLY person on Earth that had these types of complicated medical issues.

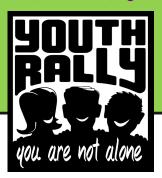
Mia, camper, age 15

Before Youth Rally I thought I was the only person in the world living with this condition—I am so happy that my parents found out about this camp because I learned a lot here!!!

Shomaya, camper, age 14

This is one of the few, if not the only, places where people with our conditions can truly be ourselves around others who completely understand us...one week filled with more love than some people experience in a lifetime.

Frank, counselor, age 22



For more information contact Mary Beth at: registrar@youthrally.org

or

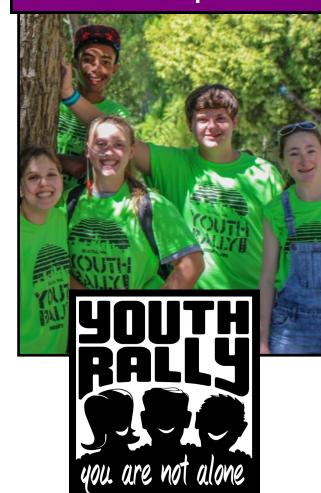
**April Gimlen at: 510-769-9295 (PCT)** 

or

Visit us at: www.youthrally.org

www.facebook.com/YouthRallyInc

#### There is a camp for that



### **JOIN US IN 2018**

July 16th-21st in BOULDER, CO

www.YouthRally.org

#### **YOUTH RALLY MISSION:**

To provide an environment for adolescents living with conditions of the bowel and bladder that encourages self-confidence and independent living.

#### A CAMP FOR WHO?

Youth ages 11-17, from all over the US and abroad, living with any condition of the bowel or bladder system

#### WHERE?

Youth Rally is hosted each year at a fully accessible college campus with a major children's hospital and international airport hub nearby

#### WHAT'S IT ALL ABOUT?

HAVING FUN! The week is packed with medical and educational sessions as well as recreational outings and special events to promote self esteem, health/wellness, advocacy, independence, and FUN!

#### **HOW DO I APPLY?**

We're always looking for new campers as well as counselor and nurse volunteers. Check out **www.youthrally.org** and start your application today!

#### **OVER 40 DIAGNOSES!**

Youth Rally participants live with a variety of diagnoses affecting the bowel and/or bladder systems, some of which include:

lymphangioma \* ulcerative colitis \* familial adenomatous polyposis (FAP) \* neuronal intestinal dysplasia \* necrotizing enterocolitis \* renal agenesis \* short gut/bowel syndrome \* hallow visceral myopathy \* cancer \* Hirschsprung's disease \* bladder exstrophy \* cloacal exstrophy \* spina bifida \* VATER Syndrome \* imperforate anus \* Crohn's Disease \* hypospadias \* epispadias

# VARIOUS DIVERSIONS AND MANAGEMENT TECHNIQUES!

Below are just some of the diversions and management techniques seen at Rally:

Koch pouch \* J-Pouch \* IV medication \*
continuous/intermittent tube feeding \* dialysis \*
ileostomy \* colostomy \* urostomy \* Pull-thru \*
bowel management programs \* Ace Malone
BCIR (Barnett Continent Intestinal Reservoir) \*
intermittent catheterization \* Mitrofanoff \*
indwelling catheter \* total parenteral nutrition (TPN)
\* irrigation \* enemas \* oral medication \*



#### **YOUTH RALLY MEDICAL TEAM**

The Youth Rally Medical Team is a mixture of WOCNs (wound ostomy continence nurses) and other licensed medical professionals with experience in various fields and specialties.

Some of them were campers too!! They volunteer their time to promote optimal health and self-management throughout the week. They're knowledgeable, supportive, and a whole lot of fun!



#### **YOUTH RALLY COUNSELORS**

What makes the Youth Rally especially unique is that the counselors are volunteers, almost all of whom live with the same conditions as the youth participants.

#### **SPONSORSHIP**

Registration and travel sponsorship is available to all campers in need. To request sponsorship simply complete an application.

Interested in volunteering? visit: www.youthrally.org